

SMAR INDIVIDUAL POOL SWIM FORM

Silver Medallion Aqua

Tic Rescue: 400m in 8mins or less in a swimming pool of no less than 25 m length

Note: This form can only be completed by a current SLSA Bronze Medallion Trainers and Assessors, or a Level 1 Swim Coach. (Please provide Aust swim accreditation number)

Members Name: _____ **DOB:** _____

Members Club: _____

Location of Pool Swim was conducted: _____

I certify that the member named above completed a pool swim in a pool no less than 25m in length in the time detailed below.

Distance (please tick): ☐ 400m **Swim Time:** _____ **Date:** _____

Trainer/Assessor/Swim Coach Name: _____

Trainer/Assessor/Swim Coach Signature: _____